

Lynn Sposito Studios

February News

Issue #3 Happy Love Month! 2024

It's February already! Wait... WHAT ?!

Hey everybody!

I don't know about you, but time is flying too quickly! This month, it's all about the LOVE!

With Valentine's Day arriving shortly, I'm wanting to remove myself from the 'one day a year' commercialism and really keep focusing on leading with love and compassion each and EVERY day. I truly believe we can heal the world with loving energy. The more love and positivity I personally put out there, my wish is that it magnifies, resonates and reaches each and every one of you abundantly!

Whatever commitments you made to yourself in January, my wish is that you are still going strong and making great strides with your own personal dreams! If you've stumbled or don't think things are moving fast enough for you, remember that seeds are buried before they sprout! Be kind to yourself, speak words of affirmation over yourself every day and just like watering a plant- even though you may not see it, under the soil, things are growing and changing. This month I've had days where I feel like I've been buried forever...I've even hit a few brick walls (more on that later) but I'm choosing faith, LOVE and FORTITUDE!

Love and peace to you!

Lynn

GALLERY NEWS



'Grounded' Is still on exhibition with <u>The Healing Power of Art</u> and is entered into another upcoming online show. I'm waiting to hear if it's been accepted. Stay tuned!

Exhibition Extended!

<u>"Grounded"</u> will now be on exhibition through February 29, 2024- If you haven't had a chance to check it out, I encourage you to! The artists that I was humbled to be sharing this exhibition with are just outstanding.

The Healing Power of Art-Love, Peace, Unity and Hope.

The magnitude of being chosen to be one of three representatives of Healing and Love through art through <u>Special Recognition</u> is not lost on me. As my creative voice grows, I truly feel that this is the direction that my art and teachings will travel this year. Art with impact, uplifting messages, healing and hope. SO powerful!



I'm grateful that another powerful piece, "Innocence Lost" was showcased in the <u>article</u> as well. It's very timely as we are coming up on the 4th Anniversary of this terrible tragedy in South Florida and they so deserve the remembrance.

Please <u>click</u> to read more.

And another 4th Anniversary is happening this month. It was 4 years ago in February 2020 that The Copelouzos Family Art Museum reached out to me and invited me to participate in their 35x35 Art Project. Over 200 Artists from across the USA were invited and I was one of them! What a huge honor!

"Against the Odds" is now hanging in permanent collection in Athens, GREECE. I'm still in awe over this honor!





If you haven't had a chance to view <u>'The Forgotten'</u> and the other amazing artwork in the <u>Exhibition for 'All Woman'</u>, you still have time! This show runs through March at <u>Light, Space and Time Gallery</u>.



The
Forgotten Painted
Mâché collage
painting. Read
more about the
artwork here.

STUDIO UPDATE



Finding people that love my art is big deal. My dream is that my art impacts and changes the viewer, the collector, for the better in some way. It may be a physical feeling or a spiritual one. So, it's imperative that I connect with people. This can happen online or in person. Usually the majority of these connections happen face to face. I love hearing the WHY someone is moved by my art and I also love SHARING the story behind my pieces of art.

With that, I'm excited to share that I am on a waiting list for legitimate art studio! The particular location I've applied for was once an abandoned motel. The church next door bought the space and turned it into artist studios! How cool is THAT? Once a month, they have food trucks, music and open studios for art lovers to browse and enjoy! Please send some good energy my way that this comes to fruition!

I am praying that in 6 months time, it will be my turn to be a resident and fulfill a lifelong dream to having a working art studio!

Please send your positive energy that this will manifest into fruition! Thank you!

FUN FACTS



Haha..
sore hips
and
knees!
Lots of
shimmying!

At Christmastime, my friend Anne asked me if I wanted a gift or an experience for Christmas. I thought about this for about .2 seconds.

As I gain more 'wisdom' with age.. (LOL) I realize that 'things' don't mean a whole lot and I'd much rather have experiences. Experiences with friends, meeting NEW friends and living life FULL OUT.

So, with that... I've started Belly Dancing classes! Oh my! Talk about an experience (AND a workout!!) I was told I did really well my first class! Hahaha- Oh my-lot's of laughter- yes- life is GOOD!

COLLECTOR'S CORNER

Tamara won the January 'Newsletter sign-up' free art giveaway! Congratulations Tamara and thanks for joining my art collector family!



"Super excited to receive this lovely gift from Lynn Sposito
Studios!! Pictures do not do it justice!!Beautiful artwork! Thank u
!"

Tamara- California

February WINNER of my free art newsletter giveaway

Congratulations to 'amerin6756'! You have won a choice of ANY one of my available, signed prints. Please message me with your top 3 choices and mailing address so I can get your print to you right away! Woo hoo!

(Be my spotlight guest for March! Just send a photo of you with my original art, canvas or signed print and a few sentences of your "why the artwork spoke to you" to: LynnSpositoStudios@gmail.com)

AND, ONE more special just for you all!

BUY ANY PRINT and get one FREE! Simply make your purchase and in the notes during checkout, include your second print choice.

Only those signed up for this newsletter can receive this deal! This is a limited time offer, so don't wait!

I wish you all a beautiful month- a month to love and be loved- and may your cup be full enough to share!

Thank you for being here! See you all in March!

With never-ending gratitude,

~Lynn

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